

ITINERARY FOR THE WEEKEND

Saturday:

9AM-10AM Arrival

10AM Ingathering led by Mark

Activity Period 1: 10:45 to 11:45

12:00 Lunch

Activity Period 2: 1:30 to 3:00

Activity Period 3: 3:15 to 4:45

6:00PM Supper

7:30PM **PLAY!** A fun evening around the fire. Bring your favorite songs, musical instruments & any talent you'd like to share. We might even create a silly skit or two!

Sunday: 8:30 Breakfast

10:00 All-church worship led by Mark

11:00 Potluck brunch

12-3PM **Enjoy Tanglewood!** Go for a walk, play a game, talk with a friend, meditate, take pictures, enjoy!

The lodge and nearby field are easily accessible to all.

Directions to Tanglewood 4-H Camp

One Tanglewood Road, Lincolnville, Maine 04849

Tel: (207) 789-5868

From Camden going North on US Route 1 travel approximately 5.5 miles to Lincolnville Beach, continue another mile north and turn left onto Ducktrap Road. (Tanglewood sign is on right just before Ducktrap Road).

On Ducktrap Road travel .08 miles and turn right onto Tanglewood Road (camp sign here too). From this point you travel 1 mile to "gate" area and 1.6 miles to Water Tower Road for Big Pine Lodge parking and 1.8 miles to Main Parking Lot for the Dining Hall parking.

Everyone is invited to our
5th Annual All Church Retreat:

EAT PLAY LOVE!

October 2 and 3, 2010

at Tanglewood 4-H Camp

Lincolnville, Maine



REGISTRATION FOR UUR RETREAT 2010

Name(s):

Address/Phone/email:

No fee for children three and under, but they should register.

I/We are coming for:

_____ Saturday 9AM to 9PM, \$5 (suggested donation) per person
plus sign up to bring a food item (includes lunch & supper)

_____ Saturday night through Sunday morning: sleep in a heated
cabin, wake up to a delicious hot breakfast, \$20

Cost: \$ _____

x number of people registered _____

= Total Cost: _____

Checks should be made out to: First Universalist Church

Please send check & registration form to:

First Universalist Church

345 Broadway

Rockland, ME 04841

Attn: Beth Wilson

_____ Yes, I would like to share transportation.

(Please call or email Carney Doucette at church for arrangements).

No registration required to attend Sunday worship, brunch, and
play. Please bring a potluck item to share.

5TH ANNUAL UUR RETREAT: EAT, PLAY, LOVE!

This year's retreat will be comfortable, casual, and lots of fun. We will gather around the fireplace, go for short and long walks in the woods, eat delicious food, play, sing, share, meditate, worship, and relax while we share precious time with our beloved community.

FOOD: We will once again provide our own food and cook for each other. Please sign up to bring a food item for lunch or supper on Saturday. Everyone who is able will sign up to help out in the kitchen once. If you are arriving Sunday, please bring a potluck brunch contribution

ACTIVITIES: We will be offering three activity periods with a variety of activities to choose from. You can do as much or as little as you like! There will be kid/family activities, creative activities (like music and art), and discussion and contemplative activities. And, weather permitting, an afternoon hike up Bald Rock Mountain.

TANGLEWOOD 4-H CAMP is a beautiful camp located in the woods in Lincolnville, about 15 minutes north of Camden. There is a comfortable central lodge and dining hall, heated cabins with beds, many nature and hiking trails, and a beautiful stream. There are large, modern bathrooms with flush toilets and hot showers. If you're staying Saturday night, you'll want to bring a sleeping bag, pillow, warm clothing, towel, toiletries, and a flashlight. You'll receive a camp map when you arrive. Sorry, no pets.