



UUR
THE FIRST UNIVERSALIST
CHURCH IN ROCKLAND

For Immediate Release

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Multi-media Cosmic Mass Honors and Celebrates the Earth

THOMASTON, Maine - On April 26, in Thomaston's Watts Hall, Rev. Mark Glovin will lead "Getting Back to the Garden: A Cosmic Mass." A celebration of Earth Day, this event is sponsored by the First Universalist Church in Rockland (UUR) and is believed to be the Midcoast's first cosmic mass.

A cosmic mass seeks to revolutionize and reinvigorate Western liturgy by creating worship that is interactive, multi-cultural and multi-generational. Glovin, First Universalist's minister, explains that one aspect of a cosmic mass entails disengaging from the intellectual aspects of worship and, instead, focusing on the role our bodies can play in worship. "There are things we can learn with our bodies before we try to wrap our heads around ideas," he says. "So, the cosmic mass very intentionally brings us back into our bodies. There will be yoga, stretching and dancing – all part of the mass."

"Getting Back to the Garden" will use video as well as spoken word, song, dance, ritual and silence to guide celebrants into a spirit of gratitude for and engagement with the Earth. Glovin invites participants from all religious and spiritual paths to join in this transformative event, which, he says, "will give worshippers the opportunity to do healing work in their lives and in their relationships with the world."

The service is part of a full day of Earth Day activities sponsored by UUR. The two-hour worship service is open to the public and begins at 7:00 p.m. on Saturday evening, April 26 with a suggested donation of \$10 to cover costs. Watts Hall, on Main Street in Thomaston, is accessible to those with disabilities. More information is available by calling 594-8750.

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